## **Al-Anon Birthday Club**

Celebrate your recovery by joining the Al-Anon Birthday Club

On your recovery birthday, the Al-Anon fellowship joins you in commemorating your birthday by sending you a handmade birthday card.

Name:	
Address:	
Recovery date	
Donation:	\$



\$1 per year of recovery, or whatever you can afford. A minimum of \$5 per year to cover costs. Donations can be made by cheque to NZAGSO, or by direct credit into ANZ Bank account 06 0101 0591292 00.

Please complete and return to:

NZAGSO, PO Box 68124, Victoria Street West, Auckland 1142 or email office@al-alon.org.nz

## **Al-Anon Birthday Club**

## Celebrate your recovery by joining the Al-Anon Birthday Club

Members, have you heard of the Al-Anon Birthday Club? On your recovery birthday, the Al-Anon fellowship will celebrate with you by sending you a handmade birthday card. The Birthday Club is a great way to:

- ✓ celebrate your progress in recovery
- $\checkmark$  take time to reflect on the past year and look forward to the future
- $\checkmark$  be kind to yourself
- $\checkmark$  put the focus on you
- ✓ practice gratitude
- $\checkmark$  commemorate the day you joined the fellowship
- ✓ financially support Al-Anon and GSO



We ask for a donation of \$1 per year of recovery, or whatever you can afford. To cover costs, a minimum of \$5 is required. Please complete and return the following form.

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