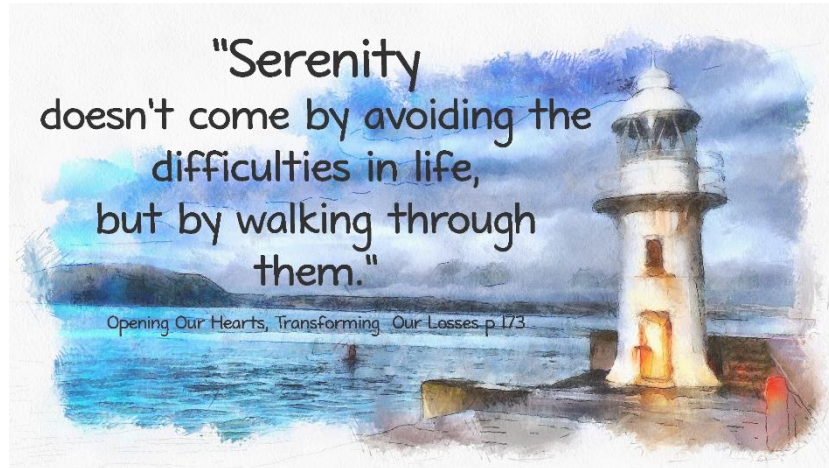


AREA 8 SERENITY WEEKEND 3<sup>rd</sup> to 5<sup>th</sup> June 2022

## “SEEKING SERENITY”

St Francis Retreat Centre, 50 Hillsborough Rd



### Things you need to know

### VACCINE PASSES REQUIRED TO ENTER VENUE

#### **For the full weekend**

- Single, heated rooms with basin
- Towels, linen and bedding supplied
- Look for notice from venue in your room about laundry requirements, etc.
- Registrations start on Friday from 7pm in the library (have dinner before you arrive)
- Bring loose, comfortable clothing for meditation
- The first meeting starts at 8pm.

#### **For Saturday visitors: 9am – 5pm**

- Day registrations begin at 8.30am in the library
- First meeting begins at 9am

#### **For everyone:**

- Wi-Fi available in main spaces
- Bring cash for fundraising raffles; Al-Anon books and other items for sale
- No food or drink in meeting room, chapel or library - except water
- Bring warm comfy clothes and walking shoes (to explore the beautiful grounds and Monte Cecilia Park next door)
- For the Art Workshop, bring an old tee shirt or apron to protect your clothes
- You will be given a program and a map of the venue upon arrival
- Registrations close on **Wednesday 11th May**

*Looking forward to seeing you! Love from Jannene, Joy, Susan, Michele, Neeta and Angie  
(Your Serenity Weekend Committee)*